



**American  
Red Cross**

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## Swimming Lessons July 29-August 9, 2024

**Who:** ages 6 months through adult

**Programs Offered:** Parent & Child, Preschool Aquatics, Learn-to-Swim levels 1-6, Adult Swim

**Sessions:** ten 50-minute lessons beginning at 3PM, 4PM, 5PM and 6PM

**Where:** Camp Sinoquipe, 677 Boy Scout Road, Fort Littleton, PA 17223

**Cost:** \$130 per swimmer with \$50 cash due at registration and \$80 cash due the first day of lessons on 7/29

### Registration

#### Dates

Tuesday, May 21, from 4-7PM

Friday, May 24, from 4-7PM

Saturday, May 25, from 10AM-noon

#### Alumni Community Center - Kitchen

301 E. Maple Street, McConnellsburg, PA

**Questions?** Contact Kate Carbaugh at 717-658-3579 or [carbaugh.kate@gmail.com](mailto:carbaugh.kate@gmail.com).

Each year about **4000 people** drown in the US.

Drowning is the **number one cause of death** for children ages 1-4.

Drowning is the second leading cause of accidental death for elementary-aged children.

Drowning is the third leading cause of accidental death for teens.

Formal swimming lessons can reduce the risk of drowning by 88%!

**Everyone needs to learn to swim!**